



ESSEX COUNTY MENTAL HEALTH
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 Dava Clement, LMHC, *Director of Clinical Services*
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COMMUNITY SERVICES BOARD
 Laurie Kelley, *Chairperson*
 Terri Morse, LMHC, CASAC-Master
Director

Essex County Community Services Board - Meeting Minutes
Developmental Disabilities Subcommittee
February 12, 2025 – 1:30PM-3:30PM

BOARD MEMBERS:	PRESENT	ABSENT	EXCUSED
1. Angie Allen (<i>Board</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Audie Sparre (<i>Board, MH & ASA Subcommittee's</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. VACANT (<i>Board & MH Subcommittee</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Bryan Bond (<i>Board & MH Subcommittee</i>)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5. Cammy Sheridan (<i>Board Vice Chair & MH Subcommittee</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Charlie Lustig (<i>Board & ASA Subcommittee</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Dr. Kristin Mack (<i>Board & ASA Subcommittee</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Jo Ann Husslein (<i>Board & MH Subcommittee</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. John Haverlick (<i>Board & MH Subcommittee</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Kenneth Hughes (<i>Board & ASA Subcommittee</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Krissy Leerkes (<i>Board & MH Subcommittee</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
12. Laurie Kelley (<i>Board & DD Subcommittee Chair</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Leslee Mounger (<i>Board & ASA Subcommittee</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
14. Linda Beers (<i>Board & DD Subcommittee</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Mary Bell (<i>Board Secretary, ASA & DD Subcommittee</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

MENTAL HEALTH SUBCOMMITTEE:	PRESENT	ABSENT	EXCUSED
Dava Clement (<i>ECMH</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
JoAnne Caswell (<i>FF</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Valerie Ainsworth (<i>MHA</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

ALCOHOL SUBSTANCE ABUSE SUBCOMMITTEE:	PRESENT	ABSENT	EXCUSED
Emily Gokey (<i>ST. J</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ernie Hough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Traci Ploufe (<i>Prev. T</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

DEVELOPMENTAL DISABILITIES SUBCOMMITTEE:	PRESENT	ABSENT	EXCUSED
Cheryl Blanchard	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Jack Mudge (<i>Mtn. Lake Services</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nina Matteau	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sara Evans	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sara Stone (<i>Care Design NY</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tiffany King (<i>Citizens Advocates</i>)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OTHERS PRESENT:

- Terri Morse, Community Services Board Director.
- Abbey Cramer, Administrative Assistant.
- Sarah Gallagher- OPWDD, Region II Office
- Teresa Edwards- OPWDD

<u>AGENDA</u>	<u>DISCUSSIONS</u>
Call to Order (1:30-1:35)	Meeting called to order by Laurie Kelley at 1:30PM.
Meeting Minutes (1:35-1:40)	Motion to approve the January 8 th Mental Health Subcommittee and CSB meeting minutes- moved by Mary Bell, seconded by John Haverlick.
Introductions/ Announcements/ Correspondence (1:35-1:40)	The meeting began with introductions from all participants.
Subcommittee Provider Reports (1:40-2:30)	<p>Mountain Lake Services (Essential Non-Contracted Provider) – Update on Youth Respite:</p> <ul style="list-style-type: none"> Jack Mudge shared about “North Country Thrives” which is the chosen name for the Youth Respite program. The work plan and start-up funds were projected to be sent in the week of February 9th for this CTI program and have begun advertising for a Program Director. A temporary office space has been allocated at the Gerald B. Edwards Center (GBEC) in Keeseville until the house is built. The Chesterfield zoning office agreed that they do not need a variance for the building site and the architect (AES) has begun the state required feasibility study, regarding the plan and surveys for site division; both of which are being paid for by the OMH grant. Jack also discussed the challenges of respite programs for individuals with mental health issues or developmental disabilities, emphasizing the need for a system of care after the respite period. He highlighted the collaboration of CVPH and Mountain Lakes to address the needs of a young man in need of services. Linda Beers raised a question about the eligibility criteria for the program, to which Jack clarified that it's not an OP program but a mental health program. Angie asked about the discharge plan, to which Jack promised to look into it. Terri and Angie discussed the financial implications of the program and Angie expressed hope in this program helping to reduce the cost of residential placements for children in foster care. <p>OPWDD (Non-Contracted Provider) – Update on CSIDD/START Services:</p> <ul style="list-style-type: none"> Teresa Edwards, program director at YAI for CSIDD/NYSTART services, joined the meeting to share a presentation on the CSIDD/START program. Crisis Services for Individuals with Intellectual and/or Developmental Disabilities (CSIDD) services are designed to serve such individuals, as young as 6 years of age, experiencing significant behavioral or mental health needs. Aiming to prevent crises by providing strategies to recognize and manage stage one crises. The program is a systemic, evidence-informed model that builds capacity within community service providers and mental health professionals, offering a biopsychosocial evaluation, clinical consultation, and a positive psychology approach. They are currently accepting referrals and have a team of coordinators,

	<p>team leaders, and certified start crisis coordinators. The program also offers a crisis line for enrolled individuals.</p> <ul style="list-style-type: none"> • Teresa also discussed the YAI program's availability in region 2, which covers 20 counties in New York State. The program began three years ago but faced recruitment challenges and was on hold for over a year. On January 1, 2025, they were able to start accepting referrals again and have enrolled 3 or 4 individuals in the North Country area. The program offers a hybrid approach, providing both telehealth and in-person support, and can utilize resources from other regions when necessary. Teresa mentioned that they are still looking to secure a physical resource center in the area. • John Haverlick asked if there are any funding concerns- Teresa stated that they are funded through Medicaid and do not have any concerns about future funding. • Terri Morse highlighted how the YAI program aligns with the Home-Based Crisis Intervention program offered by Community Connections. <p>Citizen Advocates (Non-Contracted Provider) – General update on services in Essex Co:</p> <ul style="list-style-type: none"> • Tiffany provided updates on the IDD services provided in Essex County, including employment services through their Career Visions program (currently serving 10 Essex County residents), Health Home Care Coordination (12 Essex County residents), and Self-Direction Services (2 Essex County residents). The need for increased outreach and the potential for more referrals was discussed. Tiffany stated that their focus in 2025 is to provide more outreach to Essex County of their available services. <p>CareDesign, CCO (Non-Contracted Provider) –</p> <ul style="list-style-type: none"> • No one was in attendance. <p>LifePlan, CCO (Non-Contracted Provider) –</p> <ul style="list-style-type: none"> • No one was in attendance.
Old Business (2:30-2:35)	No report.
Committee Reports (2:35-2:45)	<p>Operations Committee (Cammy Sheridan, Chair) –</p> <ul style="list-style-type: none"> • No report. <p>Nominating Committee (Angie Allen, Chair) – Membership NEEDS: Full Board (1 member); ASA Subcommittee (1); Mental Health Subcommittee (1); Developmental Disabilities Subcommittee (1)</p> <p>Community Education (Mary Bell, Chair) –</p> <ul style="list-style-type: none"> • Mary discussed a new initiative happening in St. Lawrence County.
Directors Report- (2:45-3:00)	<ul style="list-style-type: none"> • Terri Morse discussed more about CredibleMind, she recently learned that every 5 minutes, the computer kiosk in the Essex County Mental Health waiting area resets itself- meaning the current data of 30,000 users is not accurate. The Essex County IT Team is hoping to be of help in adjusting this for accuracy in data. • Terri mentioned ongoing efforts to collaborate with healthcare centers

	<p>for Methadone treatment in Essex County and will be looking into a Mobile Methadone Clinic.</p> <ul style="list-style-type: none"> • The housing topic was discussed. Terri stated that meetings have been scheduled on a quarterly basis regarding the housing crisis in our population. • Community Conversations will continue. A grant was submitted to the Adirondack Foundation to continue this sort of work. Smaller gatherings will be planned at local libraries, as they are looking for ways to reinvent themselves. • Funding for the BRIEF Coalition will end at the end on February 28, 2025, but will continue with funding support from other areas. • Healthy Alliance is beginning to contract with applicants for the Social Care Network. Several Essex County providers have applied and undergone meetings such as JoAnne Caswell from Family's First, who shared that she met with a team from Healthy Alliance and signed three contracts (Screening, Navigation and Care Management). Though the platform "Unite Us" is not running yet, which will create a slow start.
Other Business (3:00-3:15)	<p>1115 Waiver –</p> <ul style="list-style-type: none"> • Terri stated that the 1115 waiver is still in the works, and she does not have much of an update to report. <p>Annual Retreat on June 11, 2025 –</p> <ul style="list-style-type: none"> • The annual CSB Retreat is scheduled for June 11, 2025. • Terri requested that everyone think about a possible topic for this event and ideas will be discussed.
Adjournment (3:30)	<p>Motion to adjourn at 2:50pm- Moved by Charlie Lustig, seconded by Mary Bell.</p>

Next Meeting: March 12, 2025 (Alcohol Substance Abuse Subcommittee)